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WOMEN AND CHILDREN FIRST AT SXSW

ANGEL OLSEN LEADS A NEW PACK OF MUSICIANS. PAGE 08



metro®

BOSTON Monday, March 17, 2014 www.metro.us | t: MetroBOS | f: MetroBoston

BILLY BECERRA, METRO

Local. Menino undergoing treatment for cancer

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Wellbeing. Three easy ways to boost your body's oxytocin

PAGE 09

Jobs. Put your talent out there and get ready to be noticed

PAGES 10-11

SHALL WE DANCE?



Road to the Final Four. The 68 teams in the Big Dance have their paths to Texas laid out before them.

Breaking down the bracket. Who will be upset, which players you should watch and why freshmen will rule the Madness.

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NEWS



Top 3

What's trending online at Metro.us

1 'The 10 most amusing tweets from Boston's St. Patrick's Day Parade'

2 'Interview: Sam Rockwell talks prep and drugs for "Better Living Through Chemistry"'

3 'Celebrate National Poetry Month with these special edition Shel Silverstein classics'

Today's tweet

"The red line is getting a taste of what it's like every morning on the green line today #mbta #StPaddysDay"

@d_grubs, on the Red Line getting splashed with green.

In court

West Roxbury man suspected in death of adoptive father

The adopted son of a West Roxbury man is due in court today for allegedly murdering his 66-year-old adoptive father, who was found dead Friday morning.

Homicide detectives arrested Mark Regan, 33, after Mark Regan Sr. was found dead during a wellness call on Perham Street. **GLOBE**

MBTA crime

Four turn themselves in for group beating

Three Boston men and one woman are due in Boston District Court Tuesday to face various assault charges for allegedly beating three MBTA passengers on a Red Line train last week.

Michael Davis, 36, Patrick Joyce, 24, Kevin McCarthy, 21, and Kristine Mullen, 20 turned themselves in at Transit Police headquarters after the T released video footage of the attack, which authorities say broke out around 9 p.m. on March 9 as the train neared Broadway Station.

Three passengers in total were assaulted — one man and two women — following an argument. **METRO**

School scare

Marblehead student posts bomb threat

A Marblehead High School student was arrested for posting a bomb threat on the iPhone app "Yik-Yak" on March 4, it was recently revealed.

The student fully confessed to the threat's creation, and faces one count of creating a bomb threat and one count of disruption of a school assembly, amounting to a breach of the peace.

Police say a second threat was received at the school on the same day, but is still under investigation. **METRO**



Parade organizers allowed a "diversity float," top, to be included in the parade, which was attended by thousands of revelers like those in the bottom left photo. St. Patrick, bottom right, made an appearance as well. / NICOLAUS CZARNECKI, METRO

Southie parade steps off sans Mayor Walsh

St. Patrick's Day. Walsh has said he wanted to march in an "inclusive" parade.

While it looked like there may have been a deal to allow a statewide LGBT advocacy group to march in this year's St. Patrick's Day parade, the controversy instead continued on Sunday.

Mayor Marty Walsh said he was "disappointed" that he would not be marching in the South Boston parade because of a lack of an agreement between MassEquality and the Allied War Veterans Council.

"I'm disappointed that this year, I will be unable to participate in the parade. As mayor of the city of Boston, I have to do my best to ensure that all Bostonians are free to participate fully in the civic life of our city. Unfortunately, this year, the parties were

View from the street

Questions about inclusion linger

First time parade-goers from across the U.S. questioned why LGBT groups weren't allowed to participate.

Sharon Cunca and Debbie Celani took a 6:30 a.m. bus from Rhode Island to see their first Southie parade.

"I think you should be inclusive," Cunca said.

Celani added: "No one

should judge anyone else."

Husband and wife Bobby and Sarah Albert traveled from Washington to see the parade and a couple of Dropkick Murphys concerts.

Sarah Albert, wearing a green headband, said she did some research on the parade and found online articles about the controversy.

"It seems silly to turn people away in that regard," she said.

not able to come to an understanding that would have made that possible," Walsh said in a statement officially announcing his final decision not to march.

Walsh had tried to broker a deal between the Allied War Veterans and MassEquality, but it failed to materialize. MassEquality said it wouldn't march in the parade if its members couldn't do so

openly.

Philip Wuschke Jr., a parade organizer, previously said that the parade has been inclusive and does include gay participants.

A "diversity float" put together by South Boston residents, some of whom are gay, was allowed to participate in Sunday's parade and members were allowed to march wearing business attire and

scarfs with equal signs if they wanted, according to the Globe. Kara Coredini, the executive director of MassEquality, said the float was a small step forward "toward ending the LGBT ban."

Coredini, in a statement, praised Walsh's decision not to march.

"It can be difficult for people who are not LGBT to understand how important it is for LGBT people to be able to be open and honest about who they are and how wounding it can be to be asked to be not too out," Coredini said. "While we are disappointed that we did not get to march this year as we had hoped, we thank the mayor for championing full inclusion all the way until the end."

A 1995 U.S. Supreme Court decision allowed the private parade to deny groups from participating.



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Ex-mayor Menino being treated for advanced cancer

Well wishes. There was an outpouring of support after Menino revealed his diagnosis.

Prayers, well-wishes and encouragement were the sentiments of the day on Sunday after it was revealed that former Mayor Thomas Menino was undergoing treatment for advanced cancer.

The cancer of an unknown origin, according to doctors, has spread to Menino's liver and lymph nodes, according to the Globe. It was discovered last month when Menino was being examined for weakness in his legs. He has been receiving intravenous chemotherapy



since early this month.

Word of the diagnosis has led to an outpouring of messages of support for the city's longest serving mayor. His successor said that the people of Boston are behind Menino.

"I've never known Tom Menino to back down from a fight, and I don't expect him to start now," Mayor Marty Walsh said

in a statement. "Mayor Menino has always been here for the people of Boston, and we're behind him today, 100 percent. Our thoughts and prayers are with him, Angela, their family and many friends."

The 71-year-old former mayor was elected to five terms and decided not to seek re-election last year. He now serves as a director of a new institute on cities at Boston University.

Throughout the years, Menino has had to battle many health issues, including a blood clot, a compression fracture in his vertebrae and Type 2 diabetes in 2012. Last year he suffered from a fractured fibula.



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Jokes, jabs for breakfast

Local and state politicians practiced their stand-up routines and traded jabs at the annual St. Patrick's Day breakfast in Southie on Sunday. State Sen. Linda Dorcea Forny, of Dorchester, shown sharing a laugh with Gov. Deval Patrick, hosted the event for the first time. She dedicated it in honor of former Mayor Thomas Menino, who has been diagnosed with advanced cancer. /NICOLAUS CZARNECKI, METRO

Aim for the stars

MIT professor chosen as NASA's chief technologist

A professor at the Massachusetts Institute of Technology has been chosen to serve as NASA's chief technologist.

David W. Miller, a professor of aeronautics and astronautics at MIT, will be NASA's principal adviser and advocate on technology policy and programs, the university announced on Friday.

"David's passion for discovery and innovation is a valuable asset as we move forward into exploring new frontiers," NASA Administrator Charles Bolden said.

"He has challenged his students to create new ways to operate in space. I expect he will challenge us to do the same. His experience ... will allow him to offer the ... expert advice I ... expect from my chief technologists." METRO

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Recovery Health Fairs

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31 Liverpool Street
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March 25
5:30-7:30 PM
Jackson Mann
Community Center
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Monday, March 17, 2014

NEWS

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Police hunt for motive as jet search spans hemispheres

Still waiting.

Some countries have not replied to passenger background requests.

Malaysian investigators are trawling through the backgrounds of the pilots, crew and ground staff who worked on a missing jetliner for clues as to why someone on board flew it perhaps thousands of miles off course, the country's police chief said.

Background checks of passengers on Malaysian Airlines Flight MH370 have drawn a blank, but not every country whose nationals were on board has responded to requests for information, police chief Khalid Abu Bakar told a news conference on Sunday.

No trace of the Boeing 777-200ER has been found since it vanished on March 8 with 239 people on board, but investi-



The Malaysian Navy ship KD Kasturi arrives at the Kuantan Naval Base to refuel and restock in Malaysia. / GETTY IMAGES

Quoted

"From focusing mainly on shallow seas, we are now looking at large tracts of land, crossing 11 countries, as well as deep and remote oceans."

Hishammuddin Hussein

gators believe it was diverted by someone who knew how to switch off its communications and tracking systems.

The plane's disappearance has baffled investigators and aviation experts.

It vanished from civilian air traffic control screens off Malaysia's east coast less than an hour after taking off from Kuala Lumpur en route to Beijing.

Malaysian authorities believe that as the plane crossed the country's north-

Quoted

"The search area has been significantly expanded."

Hishammuddin Hussein,
Acting Transport Minister

east coast and flew across the Gulf of Thailand, someone on board shut off its communications systems and turned sharply to the west.

REUTERS

Investigation

Malaysia asks for broad international help in jet hunt

Malaysia has appealed for help and international coordination in a search for its missing passenger jet that stretches across two corridors from the Caspian Sea to the southern Indian Ocean, diplomats said on Sunday.

Although countries have been coordinating individually, the broad

formal request at a meeting of ambassadors marked a new diplomatic phase in a search operation thought increasingly likely to rely on the sharing of sensitive material such as military radar data.

"The meeting was for us to know exactly what is happening and what sort of help they need. It is more for them to tell us, 'Please put in all your resources,'" said T.S. Tirumurti, India's high commissioner to Malaysia.

The diplomatic initiative

Countries

22

Malaysian officials briefed envoys from 22 countries on the progress of the investigation after calling off a search in the South China Sea for the jet that vanished from radar screens more than a week ago, with 239 people on board.

could become significant as nations ponder whether to share any military data on the Boeing 777's fate. REUTERS

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The conversion of food to energy is what helps us burn calories, get rid of excess pounds and keep weight off. In a perfect world, our metabolism would be untouchable and we would never have to worry about unwanted weight gain, but in reality, our metabolism can be affected by a number of factors including: Diet, stress, and sleep deprivation.

If you find yourself making a number of changes but still not noticing a difference, your metabolism could be to blame. The key to successful and sustainable weight loss is to reset your metabolism at the beginning of your diet and to keep it active. The unique gluten-free Almased formula, made from non-GMO soy, yogurt and

honey in a special fermentation process helps you achieve just that!

Created over 25 years ago by German holistic therapist Hubertus Trouillé, Almased has become Germany's most popular diet product. With Almased, you can lose weight without hunger or cravings and feel more energized and youthful in the process. Almased contains no artificial fillers, flavors, added sugars, preservatives or stimulants. The formula can even be used by people with diabetes. Its positive effects have been documented in over ten years of clinical studies. The program is easy to follow and the results will amaze you - give it a try! Almased is more than a diet, it's a way of life.

9 Ways Almased works in the body

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8. Promotes healthy cholesterol and triglyceride levels.
9. Promotes healthy blood pressure.

Your Almased Diet Plan

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Replace all 3 meals with an Almased shake (8 Tbsp Almased and 1-2 tsp of oil mixed in 10-12 oz of liquid each). In addition, drink plenty of vegetable broth.



Week 2 and Beyond

Replace 2 meals, preferably breakfast and dinner, with an Almased shake and have 1 healthy meal with lots of vegetables, lean protein, and a side of whole grains.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. As always, consult your doctor or health care team before beginning any weight loss program or reducing your dosage of current medications.



"I love my yellow can!"
- Catarsha Atkins

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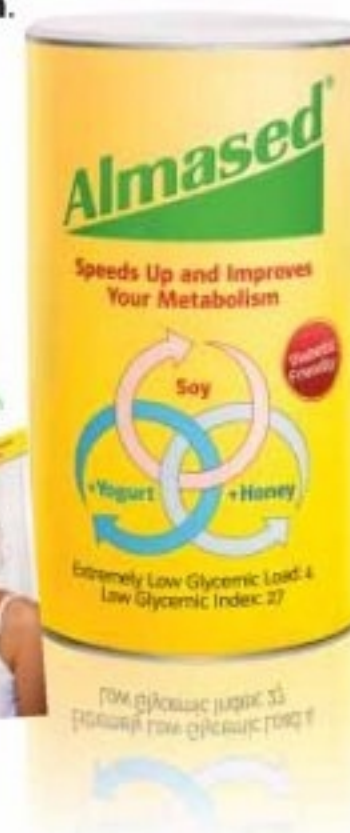
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2

CULTURE

Also at SXSW

Hip-hop hooray

Hip-hop at SXSW has continued to have a dominating presence. Kanye, Jay Z and Wiz Khalifa performed high-profile sets, and newer acts like Danny Brown, Future and ScHoolboy Q packed the house for their sets. Odd Future had an eventful visit this year, with leader Tyler, the Creator getting arrested for inciting a riot.

Orwell and good

The kids are all right

Many times when interviewing musicians at SXSW, the discussions will take place at a bar over a few bloody marys. But the sweat-faded magic marker Xs on the hands of The Orwells are an indication that the band, all of whom are 20 years old, probably wouldn't get into the bar. The Chicago five-piece, which includes two cousins and a pair of twins, have been at it since high school (which was only a few years ago for



The Orwells are riding high. / PAT HEALY

them) and their tight bond comes across onstage. Their punk spunk, combined with a death-grip understanding of how the exchange of energy

between audience and band should work, have made them one of the top must-see acts of this year's SXSW.

Chatting with the band on a

sidewalk on Fourth Street, what comes across is the youthful exuberance of their live show and a little bit of teenage cynicism. This is the third time

they've played SXSW, so excuse them if they're a little jaded.

"Our first South-By, we found our manager," says singer Mario Cuomo. "That's like the best thing that it's ever going to do for us. Once you find a manager and a label that supports you, what the f— is the point of this?"

The point of it is exposure, and The Orwells are getting a lot of it, having already received seals of approval from the likes of Rolling Stone and Spin for their riotous performances here this year.

Women up front at SXSW

Deep in the heart of Texas. The brightest stars coming out of SXSW are performers with XX chromosomes or with Xs drawn on their hands.

If this year's SXSW Music Conference in Austin, Texas, is any indication — and it usually is — then you're going to be hearing a lot more from the ladies. It's telling that the keynote speaker for the conference was Lady Gaga, who along with female-fronted acts like St. Vincent and Perfect Pussy generated the most "Did you get to see?" moments over the five days of music.

Angel Olsen is another woman who you'll be hearing a lot more from and reading a lot more about, and all of the hype is warranted. Hailing from Chicago, she stands perfectly still as her songs course through her, delivering lyrics that feel like important truths that you hadn't yet considered. And the way her voice can effortlessly shoot up an octave will make your heart do somersaults.

Another female-fronted act



Meet Angel Olsen. / GETTY IMAGES

who hasn't received quite as much acclaim as Olsen, but are just as deserving, are the Casket Girls. This Savannah band, headed by sisters Phaedra and Elsa Greene, make spooky pop music and add goofy choreography to their dark lyrics. Chatting with the band in an old Airstream trailer at a nursery (interviews at SXSW can take place in unique locations) the sisters say there are more women than men on their current tour with the bands Stargazer Lillies and Dreamend.

"I think it's totally awesome," says Elsa of the amount of women making names for themselves in music. "It seems like it's been a totally male-dominated industry, so it's great. ... If you think about it, women's [liberation] was really not that long ago and it takes a really long time for that stuff to take effect."

New kids on the block

Earning their Strypes

Another young band (though one without women) to receive acclaim for their performances are The Strypes. Ranging in age from 16 to 18, this Irish five-piece come onstage chomping on gum and dressed to the nines, and then play the type of British Invasion blues that would be noteworthy for its authenticity alone even if the band weren't so young. But the fact that they're



THE STRYPES
GETTY IMAGES

starting so early gives hope for a long career.

"We don't really know what's next," says guitarist Josh McClorey, 18, "but if we could make a career out of this that would be fantastic, to eliminate the idea of having to go to a 9-to-5 job that you don't really like."

Drummer Evan Walsh, 17, chimes in: "We're just living in the present moment, and to us it makes perfect sense for a band to be this age, because most of the bands we like were that age."



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Gabrielle is a New York Times bestselling author. Her newest book, "Miracles Now," can be pre-ordered at www.gabbyb.tv/miracles.



GET A NATURAL LOVE RUSH



Hugs aren't reserved for boyfriends and girlfriends. / COLOURBOX

Sometimes the simplest way to drop the "baditude" and bring on the happiness can come through an everyday action. Certain actions activate oxytocin — aka, the love hormone — which is known to induce feelings of trust and a sense of bonding. Oxytocin also helps you relax and reduces blood pressure and cortisol levels. Its anti-anxiety effects support growth, healing and overall happiness. When you're feeling funky, oxytocin can turn your mood around, make you feel more connected and revive your overall energy.

There are a few natural

Try this

Hug it out

Another great way to stimulate oxytocin is to give someone a 20-second hug — it's that simple. Make sure the hug is reciprocated: It's important that the gesture ignites a sense of connection, which will in turn stimulate oxytocin. Hug your lover, your best friend or even your pet. The sweet connection between two beings can totally change your mood.

ways to rev up the oxytocin engine when you've got the blues. These tips can be applied anywhere, anytime. Take a minute for a miracle and let the love hormone lead the way.

Place your hand over your heart

By putting your own hand on your heart you stimulate the love hormone, which sends out the inner signal that it's safe to calm down. Once you place your hand onto your heart, breathe deeply. As you breathe, imagine feelings of love, compassion and ease passing over you. Placing your hand on your heart can calm down the crazy.

Flaunt your pearly whites

A genuine, heartfelt smile can connect you to a complete stranger. Smile at people you know and at strangers. Just express authentic, heart-centered grace through the generous gesture of a smile. In an instant, you'll feel love rush in.

Metro does not endorse the opinions of the author.



PLUS

Advice

Make connections

Love doesn't have to come from a romantic partner or a child. Love can come from any form of authentic connection. Take time in your life to create those connections — and trust that you're not just serving yourself, you're also spreading the love.



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Show off that work of yours

You write, you paint, you compose — but who really cares besides you? With a few good tips from writer and artist Austin Kleon's latest book, you just might get noticed among all the other artists out there. We asked Kleon, author of "Steal Like an Artist," for his best advice.

Tell good stories

"We have this mistaken impression that our work speaks for itself, that if we just do good work that is enough. But our work doesn't speak for itself; the stories that we tell about the work we do totally influences the way people accept our work and what they think about [it]. As far as becoming better storytellers, the best thing to do is just to surround yourself with really good storytellers. Spend time seeking out people who are good at telling stories and start studying them. There are really only so many kinds of stories. Once you start studying them and reading them, you'll find that they all have a structure and they all have shape. You can kind of steal the structure of the

stories and fill them in with your own material. Another thing that can help is becoming a writer. Spend some time writing, blogging or keep a journal. When you're writing down your stories you figure out what's interesting about them."

Share something small every day

"The thing about sharing [online] is that you want to make sure it's an act of generosity, and that what you're sharing is either interesting or useful to the people on the other end. When I say 'share something small every day' it can be something very small. Just one little piece of your process that you think might be interesting or helpful for someone else. Some of the writers I follow share their favorite sentence that they read every day. Or an artist will just share a page from their sketchbook. Little bits and pieces you can share every day that put yourself out there and keep people up to date with what you're doing. It's kind of similar to how a filmmaker will share the DVD extras — the deleted

scenes and the directors' commentaries — while they were still making the movie."

Toughen up

"When you put your work out into the world, you have

to be ready for the good, the bad and the ugly. I feel that sharing your work on the whole is a very pleasant and good experience, but you're always going to take a punch, so to speak. You really just have to get your work out there and experience what

it's like to have people see it and talk about it. The way to take a punch is to get hit a lot. Get used to being hit. It's important to remember that your work isn't you. People feel really close to their work, but you have to remember that the products of your

work aren't necessarily you personally. So, when people tear down your work, they're not necessarily tearing down you."

LASSE EMIL KRISTIANSEN
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Austin Kleon / PROVIDED

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Horoscope

♓ Pisces | Feb. 19-March 20.
Don't feel overwhelmed by recent events. Take a step back from all the commotion in order to focus. Avoid taking your frustration out on those you love.

♈ Aries | March 21-April 20.
It's a good day to finish a project you've left dangling. Bypass personality problems so that you can keep moving forward. Working as a team player will be in your best interest.

♉ Taurus | April 21-May 21.
A promising career opportunity is apparent, although it may require a shift in vocation. Your past achievements have not gone unnoticed. Don't let a lack of confidence hold you back.

♊ Gemini | May 22-June 20.
You need to stop romanticizing the past. The future can be just as rewarding if you think and act progressively. Take advantage of the new and exciting experiences awaiting you.

♋ Cancer | June 21-July 22.
It's good to have strong opinions, but don't force your will on others. Accentuate the positive and offer people a little kindness, consideration and hands-on help.

♌ Leo | July 23-Aug. 22.
You will have to take bold steps if you want to move forward. You might need to enlist your friends and relatives to aid you.

♍ Virgo | Aug. 23-Sept. 22.
You are in a terrific upswing right now. Hesitation at this point will only hold you back. If you keep a positive attitude, you will be able to accomplish everything you set out to do.

♎ Libra | Sept. 23-Oct. 22.
It's a great day to try something new. Shake out the cobwebs, step out of your comfort zone and investigate some different yet appealing activities. Take on a physical or mental challenge.

♏ Scorpio | Oct. 23-Nov. 21.
You may be reluctant to take on a new project, even though you have all the skills and resources necessary for success. Believe in yourself, and you will come out on top.

♐ Sagittarius | Nov. 22-Dec. 21. Being too outspoken will lead to trouble. Take extra care when dealing with colleagues. An innocuous comment on your part may be seen as an insult.

♑ Capricorn | Dec. 22-Jan 20.
An issue that you thought was settled will resurface. Do whatever it takes to improve on your past performance and make a favorable impression.

♒ Aquarius | Jan. 21-Feb 18.
Diligence, not speed, will be the order of the day. Despite your enthusiasm for the task ahead, you should proceed slowly. **BERNICE BEDE OSOL**

Letters

The people, not Reagan, broke up the USSR

Re: 'Don't appease Putin' (Metro, March 14-16) Letter writer John Francis Fox indicates we should not appease Putin, likening the invasion of Crimea to Hitler's invasion of Czechoslovakia. Wouldn't a better analogy be Bush's invasion of Iraq? All Putin would have to say is "WMD" and invade, right?

However, that is beside my main objection to his letter. He also said the administration un-

der President Reagan liberated the Ukraine, but nothing could be further from the truth. The breakup of the Soviet Union was caused by widespread general strikes in the eastern bloc, including the Ukraine, Poland, Romania and others. In Poland, it was spearheaded by Lech Walesa, leader of the Solidarity trade union, with support of the Catholic Church. Reagan had nothing to do with this populist revolution.

If Mr. Fox continues his belief that Reagan caused the breakup of the Soviet Union, he should also believe that King Louis XVI of France and King

Charles III of Spain liberated the American colonies from Britain during the American Revolution.

TIMOTHY LAREN, VIA EMAIL

Don't lay blame on the young

Re: 'Be young, but don't be selfish' (Metro, March 14-16) First of all, legislators put in the Obamacare law that kids can stay on their parents plan until they are 26 years old. Secondly, young people simply can't afford to pay the so-called

reduced premiums, because they don't have good, paying jobs. By the way, if they had good jobs, they would get insured by their employer, more than likely. The president and his cronies did not think this through. So you can't blame young people for not signing up, because they will be paying their student loans until they are 40 and have a minimum wage job! **PETE AUSTIN, VIA EMAIL**

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Sudoku: Easy and hard

	1		6	8		4	3	
			2		4	1		
					1	8	9	
			5			2		
		7	8	1	9	5		
		8			7			
	6	9	1					
		5	9		3			
	8	1		5	2		6	

				4	7	8		
		1	3				6	
5				1	8		2	9
7				6		3		
	4						7	
		8		3				6
6	8		4	2				5
	1				6	2		
		3	1	7				

How to play

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

Across

- 1 Type of wrestler
- 5 QB objectives
- 8 South Seas locale
- 12 Bit of fruitcake
- 14 Novelist — Ambler
- 15 Fiesta shouts
- 16 Good-bye
- 17 Fluttery flier
- 18 Unwelcome mail
- 19 Results (2 wds.)
- 21 Discounted (2 wds.)
- 23 Coll. credits
- 24 Pigeon talk
- 25 — and don'ts
- 26 Hurried away
- 30 Makes smooth
- 32 On even terms
- 33 Implored
- 37 Reunion attendee
- 38 Tryst keeper
- 39 Too glib
- 40 Made
- 42 Stone pillar
- 43 Infuriate

- 44 Blew over
- 45 Nine-digit ID
- 48 Disencumber
- 49 Geol. formations
- 50 Tremors
- 52 Prigs
- 57 Caesar's bear
- 58 Knots
- 60 British Museum's — Marbles
- 61 Microbiology gel
- 62 Doctrines
- 63 Ms. Reese
- 64 Spill the beans
- 65 Ernesto Guevara
- 66 Fathomless

Down

- 1 A word to kitty
- 2 Karachi language
- 3 California's — Woods
- 4 Portent
- 5 Slow gait
- 6 Morse click
- 7 Tall beer glass

- 8 Watch pockets
- 9 Work by Homer
- 10 Simple dessert (hyph.)
- 11 Castaways' refuges
- 13 Orchard unit
- 14 Green-egg layers
- 20 Airport code for O'Hare
- 22 Leaf juncture
- 24 Scoped out
- 26 Fell on — ears
- 27 Soft color
- 28 Lies on the beach
- 29 — yoga
- 30 Break off
- 31 Lairds and lassies
- 33 Prepared fish
- 34 Scurries along
- 35 Vogue rival
- 36 Did Easter eggs
- 38 Of detailed planning
- 41 About, in memos (2 wds.)
- 42 Gave some lip
- 44 Qt. parts
- 45 Crouch

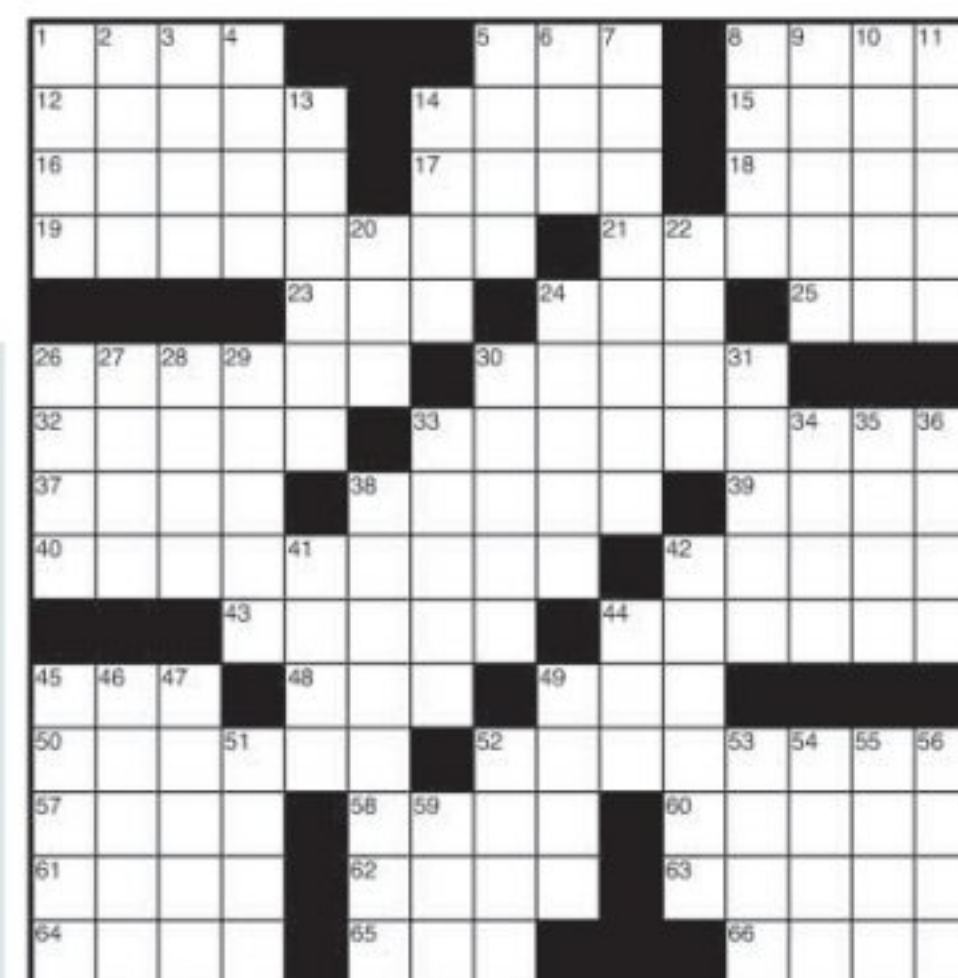
- 46 Voltage jump
- 47 Kind of congestion
- 49 Rumble
- 51 Auto pioneer — Benz
- 52 Wife, in law
- 53 Implored
- 54 Eye amorously
- 55 Shower square
- 56 Cinch
- 59 Suffix for "boy"

Weekend's answer

I	C	K	F	L	A	K	E	P	A	W	N
N	O	L	L	E	N	I	N	M	A	M	I
C	A	U	T	I	O	N	E	R	O	D	E
A	C	T	O	R	L	E	T	T	E	R	E
S	H	E	L	T	E	R	D	E	R	N	
D	E	C	O	R	T	I	T	A	N	S	
A	D	O	D	O	S	C	E	C	I	L	
V	E	T	S	L	E	A	P	S	D	R	N
I	V	I	T	E	D	O	N	E	A	L	E
V	I	S	T	A	S	S	C	R	E	E	
T	Y	R	E	K	I	C	K	E	R	S	
B	A	L	L	G	I	R	L	T	E	N	E
E	M	A	I	L	R	O	C	H	E	S	T
A	M	I	N	O	R	D	E	R	E	S	A
K	O	N	G	R	I	S	E	N	R	E	D



You can use your smartphone to discover today's crossword answers — right now! Download and open the Blippar app on your smartphone and hold the screen over the puzzle. It's that easy!



Iginla exceeds expectations

NHL. The NHL veteran has thrived for the Bruins on the same line with David Krejci and Milan Lucic.

At age 36 and heading into his 17th NHL season, it was fair to wonder how much that right wing Jarome Iginla had left in the tank. Through 67 games with the Bruins in the 2013-14 season, now the conversation has turned to, "When will Boston GM Peter Chiarelli give Iginla a contract extension — during this season or in the summer?"

The future Hall of Famer has been that good, putting up the second most points (23 goals, 30 assists) on a team that looks destined for another deep run at the Stanley Cup. Ironically enough, Boston's main competition in the Eastern Conference is Pittsburgh, the team that Iginla chose to go to at the trade deadline last

season.

After a 4-1 win over Florida earlier this month, the always smiling and positive Iginla talked about his rapid acclimation to a new club.

"I'm fortunate to be here and have this opportunity," Iginla said. "It is a great group of guys that are very tight. I'm thrilled to play for the Bruins, it's fun."

You'd be hard-pressed to find a player in the NHL this spring that will be more motivated than Iginla. A Stanley Cup is one of the only things to elude him in a storied career that's included an NHL goal-scoring and points title, six All-Star game appearances, two gold medals with Team Canada at the Olympics, having been captain of the Flames and owning Calgary's franchise scoring title.

Since training camp, Iginla has been on Boston's top line with David Krejci (16 goals, 40 assists) and Milan Lucic (20 goals, 28 assists). They are the three top scorers for the Bruins this season and they've formed one of the top lines in the NHL.

The good life

"It's a different approach and different style of pressure here. It's a lot less stressful than being in Calgary."

Jarome Iginla
On his transition to becoming one of the B's top offensive threats

"Krejci has been good all year," noted Iginla. "He's so easy to play with. ... It is a different approach and different style of pressure here. It's a lot less stressful than being in Calgary."

For years Krejci and Lucic have been known to often coast during the regular season, only to turn it up a notch in the playoffs. It is no surprise that in their first year with the diligent Iginla that they have both had their most consistent campaigns.

RICH SLATE
@RichSlate
sports@metro.us



Jarome Iginla has 23 goals and 30 assists this season for the first-place Bruins. / GETTY IMAGES

3

SPORTS

NFL free agency

Pats go on shopping spree

The Patriots had a noisy weekend, days after landing big fish Darrelle Revis, as they came to terms with receiver Julian Edelman, receiver Brandon LaFell and cornerback Brandon Browner.



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SPORTS

14

Bracket breakdown

Now that you have your bracket in front of you, you have just three short days to fill it out.

You can't hope to possibly learn everything about the NCAA basketball season in that short a period of time, but if you don't want to go with picking mascots, we can at least provide a basic rundown of what you need to know in each region of the bracket.

And if you are one of those people who eschews the brackets and just wants to watch some really good college basketball this March, we've got you covered there as well.



MARK OSBORNE
 @MetroNYSports
mark.osborne@metro.us

WEST REGION

Arizona claimed the No. 1 seed they were in line for much of the season while others (we're looking at you, Syracuse) faltered in February and early March.

Favorite to watch: Arizona — The Wildcats looked like they were going to be heavy national championship favorites until starter Brandon Ashley went down in February.

Underdog to watch: Oregon — Few team were as up and down as the Ducks started 13-0, lost nine of 11 and finished the regular season



SMART WOULD HAVE BEEN A LOTTERY PICK IF HE HAD COME OUT LAST SEASON, BUT DECIDED TO STICK AROUND.
 GETTY IMAGES

with seven straight wins, including big victories over the likes of Arizona State, UCLA and Arizona.

Player you know: Marcus Smart — The Oklahoma State sophomore made national headlines for shoving a Texas Tech fan last month, but he's also expected to be a lottery pick in this year's loaded NBA draft.

Player you should know: Shawn Long — One of the most-versatile players in the country, Louisiana-Lafayette's Shawn Long posts 10 rebounds per game and shoots 44 percent from 3-point range.

Upset to watch: No. 11 Nebraska over No. 6 Baylor
Final Four pick: Arizona

SOUTH REGION

The South features plenty of star power, with traditional powers like Florida (two titles), Syracuse (one title), Arizona (one title), Kansas (three titles) and UCLA (11 titles). It also features two of the top freshmen in the tournament.

Favorite to watch: Florida — The Gators are the odds-on favorites to win the Big Dance and reclaim the glory coach Billy Donovan established in 2006 and 2007.

Underdog to watch: New Mexico — The Lobos don't get much attention in the East, but they have a very good team year in and year out. Don't be surprised to see them beat an



WIGGINS IS A DYNAMIC ATHLETE AND HIGH-FLYING POWER DUNKER.
 GETTY IMAGES

undermanned Kansas team in the third round.

Player you know: Andrew Wiggins — The likely No. 1-overall pick in this June's NBA Draft will have just one tournament to get it right. The freshman won't be sticking around Lawrence, Kan., for a repeat performance.

Player you should know: Kyle Anderson — The UCLA guard/forward was a rare big-time recruit who stuck around for a second season. The 6-foot-9 wing — and sometimes point guard — is an impossible matchup.

Upset to watch: No. 12 Stephen F. Austin over No. 5 VCU
Final Four pick: Florida

EAST REGION

No one had Virginia as a No. 1 seed in February, let alone last November. But the Cavaliers won the ACC regular season and knocked off Duke Sunday to take the tournament crown.

Favorite to watch: Michigan State — Outside of Louisville, the Spartans may be the hottest team in the country — and they're always dangerous in March.
Underdog to watch: Iowa State — Yes, they are ranked higher than the Spartans, but the Cyclones are so good they just may make the Final Four in early April.

Player you know: Shabazz Napier — UConn's senior guard led the team in points, rebounds and assists per game on his way to claiming American Athletic Conference Player of the Year honors. He did so just narrowly over Cincinnati's Sean Kilpatrick, who is also in the region.
Player you should know: Bryce Cotton — There is nothing run of the mill about this Cotton. The Providence guard scored 21.4 points per game but was overshadowed by Doug McDermott in the Big East.
Upset to watch: No. 11 Providence over No. 6 North Carolina
Final Four pick: Iowa State

MIDWEST REGION

The Midwest is highlighted by the 34-0 Wichita State Shockers. Congratulations, now you get Louisville, Duke and Michigan in your region.

Favorite to watch: Louisville — Las Vegas oddsmakers are already picking the defending champions — an absurdly underrated No. 4 seed — to win the region.

Underdog to watch: Kentucky — We know they'll have more McDonald's All

Americans than any team they face, but can they come together?

Player you know: Jabari Parker — Duke's super freshman looked superhuman in the ACC tournament. He'll be in the NBA next season.

Player you should know: T.J. Warren — For all the talk of Parker and Syracuse's C.J. Fair, it was N.C. State's Warren who won the ACC Player of the Year. The sophomore scored just shy of 25 points per game.

Upset to watch: No. 8 Kentucky over No. 1 Wichita State
Final Four pick: Louisville

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